



Get back to life



 **Express Recovery™**
A Short Term Rehabilitation Unit

Location



Alexandria Care Center, Inc.

1515 N. Alexandria Avenue

Los Angeles, CA 90027

Tel: (323) 660-1800

Fax: (323) 660-0023 *Admissions*

(323) 660-5910 *Business Office*

(323) 953-8469 *Front Office*



Express Recovery™

A Short Term Rehabilitation Unit

As a respected leader in healthcare and rehabilitative services, Express Recovery offers a truly innovative concept in post acute care. This enhanced level of service bridges the gap from hospital to home.

Our Express Recovery unit is designed to provide comprehensive inpatient care and treatment for those who have an acute illness, injury, or exacerbation of a disease process, and who have a prognosis of recovery which allows discharge to home or a lower level of care.

Our ability to stay on the leading edge is augmented by creating a separate and distinct environment that seeks to promote recovery and wellness. Patient rooms are equipped with state-of-the-art furnishings, equipment and comforts that are geared towards enhancing each step of your recovery.

Our physician directed services maximize the independence of each individual. The progressive staff and individualized programs are designed to help you reach your fullest potential and are attentive to your unique needs and abilities.



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Express Recovery units are able to meet the recovery needs of many diagnoses and conditions including:

Complex Medical

- Infusion therapy, including antibiotics, pain management, and parenteral nutrition
- Wound management
- Post-surgical complications
- Uncontrolled/complicated diabetes

Comprehensive Rehabilitation Services

- Cardiac rehabilitation
- Respiratory rehabilitation
- Orthopedic rehabilitation
 - Amputation Care
 - Hip/knee fractures
- Neurological rehabilitation
 - Cerebral vascular accident (stroke)
 - Multiple sclerosis
 - Guillain-Barré syndrome
- Multiple trauma rehabilitation
- Pulmonary rehabilitation
- Oncology rehabilitation

Our Mission

To provide a blend of comprehensive medical and rehabilitative services that dedicates a separate environment, resources and commitment for a quick recovery.

Alexandria Care Center

Lelani Dimaculangan
Admissions/Marketing Director

1515 N. Alexandria Avenue
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T: 323-660-1800 F: 323-660-0023
C: 818-288-1722
E: admalexandria@skilledhc.com